

All men are brothers. Confucius

Dear HEAL Friends,

Thanks to the heat, I have definitely been in the summer doldrums. After the spring madness of Community Building, Common Ground, and White Privilege, I have had a difficult time bringing up energy for anything other than the work I have had to do to earn a living and playing with the kids over summer vacation. Hope all of you have been able to remain relatively cool and have taken some time to enjoy the wonders of summer on your vacations or with your little ones.

Despite the slowdown, HEAL continues to be involved in some activities which you may find of interest, including some multicultural and restorative justice happenings in July. *To read the rest of Stephan's article, go to healmemphis.blogspot.com.*

Community Events

To submit events to our regularly updated [online calendar](#), email info@healfoundation.org.
[View online or download.](#)

Cultural Awareness Circles

The schedule for the Cultural Awareness Circles is in the process of changing. For this month's schedule, check the calendar or call Stephan McLaughlin at 901.870.8696.

Mankind Lodge ([map](#))

Cultural Awareness Circles are a safe place and time to focus on cultural issues and isms that exist in our lives and communities. The ultimate goal is to promote learning, healing and growth between people, communities and cultures. The last meeting of the month will be devoted to the discussion of the book *The Gender Knot* by Dr. Alan Johnson. For more information, call 901.870.8696 or email info@healfoundation.org.

Mindful Communication Reading Group

August 14 and 28

6:30-8 pm

2754 Lombardy

Come join us as we Build Community while reading Parker Palmer's *The Active Life*. This seminal book engages the Spirit and Truth of the Active Life. What spiritual sources can we draw on to receive guidance for--and from-- our lives in the world of action? *The Active Life* is Parker J. Palmer's deep and graceful exploration of a spirituality for the busy, sometimes frenetic lives many of us lead. Telling evocative stories from a variety of religious traditions, including Taoist, Jewish, and Christian, Palmer shows that the spiritual life does not mean abandoning the world but engaging it more deeply through life-giving action. He celebrates both the problems and potentials of the active life, revealing how much they have to teach us about ourselves, the world, and God.

Please bring a copy of *The Active Life* which can be purchased at any local bookstore. This group will meet every two weeks. For more information or to rsvp, contact Jean Handley at 901.722.8619 or jeanhandley@bellsouth.net.

School of Servant Leadership Dialogue

August 15

6 pm

Caritas Village, 2509 Harvard Ave.

The School of Servant Leadership's mission group and staff will gather at Caritas Village for a

meal and conversation. If you are interested in sharing a meal and participating in a dialogue about the School, its community activities and direction, please join us on the third Friday of every month.

India Fest

Aug. 16, 11 a.m.-7 p.m.

Agricenter International, 7777 Walnut Grove

Free festival celebrating Indian culture featuring Indian food, dancing, yoga, and art. For more information visit iamemphis.org or call 901.452.2151.

Heal the Hood Arts Boot Camp

August 18-29

5:45-7:45 pm

Pyramid Center, 1833 S. Third.

Camp for young artists, dancers, and actors.

Conect (Churches Organizing and Nurturing Every Community Together) sponsors *Oklahoma*

August 19

Theater Memphis, 630 Perkins Extended

There will be a gathering with light refreshments and music at 6:30 p.m., with the performance starting at 7:30. Tickets are \$25 per person. This will go to support the ministry of Conect. For ticket reservations and more information contact Alesia Thomas at 901.324.3005.

Memphis School of Servant Leadership

The School is sounding the call for a 10 Month Formation Class beginning Friday, August 23 at 9 am. The place has not been established at this point. If you are interested in this class or want additional information about the classes, please notify Billy, Evelyn, or Nancy at 901.320.7005 or memphisssl@gmail.com.

Art of Living Course

August 26-31

The HART Center, 1384 Madison

The Art of Living Course gives participants the practical knowledge and techniques to unlock their deepest potential and bring fullness to life. Whether happy and successful or feeling the stress of poor health, disappointments, or fear, every participant is cared for and comes away lighter, with effective techniques for releasing mental and physical stress and increasing his or her health, energy, peace, self-knowledge, awareness, and joy. For more information, call 901.881.7145 or email memphis@us.artofliving.org.

Three Year Anniversary for Diversity Memphis

September 1

Location TBA

A special three year anniversary for founders, members, alumni and invited guests to celebrate the formation of Diversity Memphis. A chance to review the first three years and look to the future. For more information, contact Jim Foreman at 901.405.9555 or office@diversitymemphis.org.

Community Based Shamanic Intensive

September 5-8

The HART Center, 1384 Madison

This workshop is about Ceremony, Rituals, Journeys and Community building. This is an opportunity to work with Community that allows for exploration of community leadership using

the teachings and workings of the Elders of the Indigenous Peoples. This is an intensive and will demand one's participation. Each student must fill out the questionnaire and have a 1-hour session with the instructor sometime before this weekend. Cost: \$350. For more information, visit thehartcenter.org.