

The beginning of love is to let those we love be perfectly themselves, and not to twist them to fit our own image. Otherwise we love only the reflection of ourselves we find in them.

Thomas Merton

Dear HEAL Friends,

We at HEAL are pleased to announce that [our new blog](#) is now up and running! We will be working on improving it in the coming weeks and we invite you to visit us and add us to your blog feeds!

To introduce our blog, here is an excerpt from Stephan's first entry. To view the rest, visit healmemphis.blogspot.com.

In order to continue to enhance our offerings, it is my intention to begin to do some reporting and writing on various people, issues and happenings here in Memphis and around the world that may be of some interest and utility to our regular readers and to all who care deeply about creating more loving and nurturing relationships among all the members our One Human Community.

Our hope is to continue to develop HEAL's core of resources for creating, supporting and nurturing healthy human relationships at the personal, interpersonal, and community levels.

And, as always, continue to send us your community events. We will post them on the [calendar](#) throughout the month and possibly highlight various events on the blog.

To view this newsletter online, [click here](#).

Community Events

Cultural Awareness Circles

The schedule for the Cultural Awareness Circles is in the process of changing. For this month's schedule, check the calendar or call Stephan McLaughlin at 901.870.8696.

Mankind Lodge ([map](#))

Cultural Awareness Circles are a safe place and time to focus on cultural issues and isms that exist in our lives and communities. The ultimate goal is to promote learning, healing and growth between people, communities and cultures. The last meeting of the month will be devoted to the discussion of the book *The Gender Knot* by Dr. Alan Johnson. For more information, call 901.870.8696 or email info@healfoundation.org.

Circle Meeting

July 10

7-9 pm

6563 Elmore Ridge Lane

Thunderbird Clan Circle Meetings are about prayer, community, songs, and teachings from Gary Adler Fourstar. For more information, contact Kay at 901.239.6724 or Clay at clayhyde1@comcast.net.

Mindful Communication Reading Group

July 17 and 31

6:30-8 pm

2754 Lombardy

Come join us as we Build Community while reading Parker Palmer's The Active Life. This seminal book engages the Spirit and Truth of the Active Life. What spiritual sources can we draw on to receive guidance for--and from-- our lives in the world of action? The Active Life is Parker J. Palmer's deep and graceful exploration of a spirituality for the busy, sometimes frenetic lives many of us lead. Telling evocative stories from a variety of religious traditions, including Taoist, Jewish, and Christian, Palmer shows that the spiritual life does not mean abandoning the world but engaging it more deeply through life-giving action. He celebrates both the problems and potentials of the active life, revealing how much they have to teach us about ourselves, the world, and God.

Please bring a copy of The Active Life which can be purchased at any local bookstore. This group will meet every two weeks. For more information or to RSVP, contact Jean Handley at 901.722.8619 or [!jeanhandley@bellsouth.net](mailto:jeanhandley@bellsouth.net).

2008 Meeting of the Multicultural Council: Toward becoming more fully alive, present, and connected in a multi-cultural world

July 11-13

Pallottine Retreat Center

Special Guest Keynote Speaker: Bruce Jacobs, Author of Race Manners for the 21st century.

Saturday session: Connecting Across Differences: Speaking with Compassionate Communication with Jeff Brown and Rhonda Mills. Cost for the weekend retreat (including lodging, meals, and workshops) is \$195. Space is limited so make your payment and put in your reservation early. To register and for more pricing information, visit

<http://www.mkp.org/mcc/>

School of Servant Leadership Dialogue

July 18

12 pm

Caritas Village, 2509 Harvard Ave.

The School of Servant Leadership's mission group and staff will gather at Caritas Village for a meal and conversation. If you are interested in sharing a meal and participating in a dialogue about the School, its community activities and direction, please join us on the third Friday of every month that your schedule allows.

This will be an informal gathering where we can exchange ideas, ask questions and discuss School issues and opportunities. We want to involve as many of the servant leadership community as possible so we will alternate each month between a lunch or supper gathering.

Study Participation Opportunity

A team of researchers from the Counseling Psychology program at The University of Memphis are re studying the effects of client secret keeping on therapy. Newsletter subscribers who have used at least 1 session of psychotherapy/counseling services in the past may have already participated in the last secrecy study in 2006. [The survey is online](#) and should take no more than 10 minutes to complete. There is no identifying information on the survey and all responses are anonymous.