

HEAL Newsletter for May 2009

May Reflections

Letter to the Editor from Stephan McLaughlin. Edited version appeared in the Commercial Appeal on [April 19](#).

Re: My White Privilege Conference 10 Experience,

As a great grandson of E. H. Crump, I was probably one of the most politically, economically, white, male privileged babies born in Memphis in 1953. If anyone in town could have been a poster boy for the White Privilege Conference held here recently, it was me. Despite the fear invoked by a conference so directly named for a challenging subject, I have embraced the idea of privilege as a reality worthy of my attention and vulnerability. So I attended the 10th Annual White Privilege Conference held here last week, the first time it has come to the South. [Click here to read more on our blog.](#)

Community Events

E-Cycling Day at the University of Memphis

May 16 Public Recycling Day

9 – 3pm

Main Parking Lot on Southern Ave.

The University of Memphis is sponsoring a major electronic equipment recycling effort that will allow the public; U of M faculty, staff, and students; and local institutions, such as small businesses and hospitals, to turn in old electronic equipment for recycling. The event provides an opportunity to dispose of unwanted computer equipment in a convenient and environmentally friendly manner. There is no cost for the service and no limit to the number of items that can be dropped off. Professional movers will be onsite to handle unloading the equipment. All dropped off equipment, including computer hard drives, will be ground to a confetti-like material to ensure information security before being recycled. Recycling services courtesy of Apple Computer, Inc.

May 14-15: Recycling of University equipment and equipment from local institutions and businesses. Local institutions and businesses must sign up for a drop-off date on which they will bring the equipment to be recycled. [Visit the University of Memphis website for details.](#)

Introduction to Re-evaluation Counseling

May 10

7-9pm

First Congregational Church, 1000 South Cooper

This free workshop will provide an introduction to the theory and methods of Re-evaluation Counseling (RC). RC is a process that gives people the skills to recover from the emotional hurts of living in an oppressive society and to reclaim our ability to build liberatory lives and relationships. Each introduction will include opportunities for participants to practice the emotional healing work of RC and to learn how they can become more involved, continuing the practice of emotional healing in their own lives. While RC provides information and techniques for helping to end all oppressions, this introduction will be offered in the context of eliminating racism work, which is particularly salient for our city. Please email Laura Sullivan at laurasullivan44@gmail.com to RSVP or for more information.

Memphis Greek Festival

May 8-9

11am-8pm

Annunciation Greek Orthodox Church

Celebrate the culture of the Mediterranean with home-made Greek food, dancing, music, and more at the Annunciation Greek Orthodox Church. [Visit their website](#) for more information and schedules.

Bands not Bombs

May 9

2pm

Lifelink Church, 1015 S. Cooper

Over a dozen local bands, food, drink and hundreds of your favorite Memphians. During the day we will have a moonbounce for the youngins and the concert area features shade and grassy areas. So bring a blanket and some sunscreen. Kids under 12 get in FREE. Everyone else \$10. Featuring the music of Two Way Radio, Hope Clayburn, Pezz, Yazoo Shakes, Jeffrey James and the Haul, Bulletproof Vests, While I Breathe I Hope, Groundspeak, Monsieur Jeffrey Evans, the Soul Enforcers, & Jessica Jones. For more information, visit midsouthpeace.org.

Stax Music Academy Spring Concert: Souled on Jazz

May 9

7pm

Germantown Performing Arts Center

Featuring special guest jazz pianist Cyrus Chestnut and SMA Artist-In-Residence and Saxophonist Kirk Whalum. Tickets are \$10 and available at Stax or by calling 901. 946. 2535. For more information, visit soulsvilleusa.com.

Connecting the Dots with Food and You

Sundays or Mondays beginning May 17 and 18

Memphis Jewish Community Center

The MJCC is excited to bring back Susan Tobey, CHC, AADP Certified Health Counselor for a series of four classes designed to inform and inspire you to reach your healthy goals as part of the Campus for Holistic Learning. Classes will focus on learning how to eat right taking into consideration factors such as heritage, blood type, likes and dislikes, lifestyle, work and family schedules and coming up with a way of eating and living that nourishes growth and maintenance of ourselves. The classes are offered for 4 weeks and each session lasts 90 minutes. Each class will be offered either Sundays from 10:00 -11:30 am or Monday evenings from 7:00 - 8:30 pm. The cost for the series of 4 classes is \$100 for MJCC members \$120 for non MJCC-members. If you wish to take any of the individual classes the cost is \$30 per class for members and \$35 per class for non-members. For more information, visit jccmemphis.org or contact Amy Israel at 901.761.0810 or aisrael@jccmemphis.org.

The Raleigh-Frayser Block Party for Peace

May 22-24

Raleigh Kmart Parking Lot, 3201 Austin Peay Hwy

The Raleigh-Frayser Block Party for Peace is an event created to promote peace, empowerment, and opportunity within and surrounding the communities of Raleigh and Frayser. The Raleigh-Frayser Block Party for Peace makes available opportunities in employment, education, health as well as quality family entertainment as an attraction to the residents and citizens of the Raleigh and Frayser communities. The event and festivities are free to the public. For more information, [visit their website](#).

Memphis Italian Festival

May 28-30

Marquette Park Corner of Mt. Moriah and Park Avenue

The Memphis Italian Festival is a community celebration, demonstrating Italian-American tradition, for the benefit of the children of Holy Rosary Parish School. We present family-oriented fun in music, food, events, games, arts & crafts, and strive for excellence in customer service. Admission is \$7 Thursday, \$10 Friday/Saturday, kids 12 & under free. Active military admitted free with identification. Gates Open 4pm Thursday, 11am Friday & Saturday. For more information, visit memphisitalianfestival.com.

The Day before Pentecost

May 30

1pm

The prayer service for putting up the new memorial, reading the names and tagging the forms on the lawn representing those murdered in Memphis during 2008, showing the "negative space" left by their absence. Please call The Village for more information at 901.327.5246.