

## November Reflections

Hi, folks! I am grateful to be back and I am still quite shaken and dazed. Basically, I was right in the middle of the 2008 Financial Crisis and Crash and somehow survived. I will share some of that experience and the lessons and blessing I received at some point. Today, I just want to check in as humbled and less financially sound, but much richer and blessed spiritually.

For now, here is a little gift I picked up the other night and would like to share with you. It is about the healing harmony of music from around the world. Enjoy. [Click here to continue reading Stephan's November Reflections](#)

### HEAL Newsletter for November 2008

*You cannot have a beloved community when you are so numb you cannot feel love.*  
Ruby Nell Sales at the Gandhi-King Conference, October 2008.

Explore our updated and revamped website at [healfoundation.org](http://healfoundation.org)!

To view this newsletter online, [click here](#). Email your events to [info@healfoundation.org](mailto:info@healfoundation.org). Our [online calendar](#) is updated as information becomes available.

The gift giving season is coming! Keep an eye out for our holiday specials beginning November 28.

## Community Events

### Alternative Gift Market

November 16 and 23

Idlewild Church

Find beautiful hand-crafted treasures from around the world — something for everyone — at the Alternative Gift Market. New items this year include baskets, crèches and ornaments. Proceeds benefit Idlewild's Global Missions. For more information, visit [idlewildchurch.org](http://idlewildchurch.org).

### Multicultural Breakfast

November 13

7:30am

Location TBA

Join Leadership Memphis and Diversity Memphis and other organizations, for this second Multicultural Breakfast. A featured speaker will talk about aspects of Multicultural Memphis. This year's topic will be education. Open to the public, \$50 per person, RSVP to [office@diversitymemphis.org](mailto:office@diversitymemphis.org) or call Jim Foreman at 901.405.9555.

### School of Servant Leadership Dialogue

12 pm

Caritas Village, 2509 Harvard Ave.

The School of Servant Leadership's mission group and staff will gather at Caritas Village for a meal and conversation. If you are interested in sharing a meal and participating in a dialog about the School, its community activities and direction, please join us on the third Friday of every month that your schedule allows.

This will be an informal gathering where we can exchange ideas, ask questions and discuss School issues and opportunities. We want to involve as many of the servant leadership community as possible so we will alternate each month between a lunch or supper gathering.